



TRAINING SESSIONS

VASCA 50 METRI / 50M COMPETITION POOL

MERCOLEDI' 13 MARZO / WEDNESDAY 13 MARCH

NPC (N° OF SWIMMERS)

	7.30-8.00	8.00-8.30	8.30-9.00	9.00-9.30	9.30-10.00	10.00-10.30	10.30-11.00	11.00-11.30	11.30-12.00	12.00-12.30	12.30-13.00	13.00-13.30	13.30-14.00	14.00-14.30	14.30-15.00	15.00-15.30	15.30-16.00	16.00-16.30	16.30-17.00	17.00-17.30	17.30-18.00	18.00-18.30	18.30-19.00	19.00-19.30	19.30-20.00	
LANE 1	WPS CLASSIFICATION																									
LANE 2	HKG8 - POR2	HKG8 - POR2	HKG8 - POR2	MLT2-MDA2	MLT2-MDA2	MLT2-MDA2	ITA12	ITA12	ITA12	ESP5	ESP5	ESP5	fantin	fantin	FREE	CRO6-FRA7	CRO6-FRA7	CRO6-FRA7	SVK4-SRB2-MDA2	SVK4-SRB2-MDA2	SVK4-SRB2-MDA2	JPN1-MDA2-FIN2	JPN1-MDA2-FIN2	JPN1-MDA2-FIN2		
LANE 3	NED7	NED7	NED7	GRE6	GRE6	GRE6	ITA12	ITA12	ITA12	ISR7	ISR7	ISR7	POL15	POL15	POL15	POL15	POL15	POL15	THA11	THA11	THA11	CZE9	CZE9	CZE9		
LANE 4	GER4-GBR4	GER4-GBR4	GER4-GBR4	KAZ8	KAZ8	KAZ8	BEL1-FIN2	BEL1-FIN2	BEL1-FIN2	NOR6	NOR6	NOR6	URU2	URU2	URU2	KAZ8	KAZ8	KAZ8	USA21	USA21	USA21	NPA15	NPA15	NPA15		
LANE 5	CRO6	CRO6	CRO6	USA21	USA21	USA21	NPA27	NPA27	NPA27	TUR10	TUR10	TUR10	FREE	FREE	FREE	GER15	GER15	GER15	USA21	USA21	USA21	ITA12	ITA12	ITA12		
LANE 6	CHI1-UGA2	CHI1-UGA2	CHI1-UGA2	USA21	USA21	USA21	NPA27	NPA27	NPA27	TUR10	TUR10	ITA12	ITA12	ITA12	ITA12	ITA12	ITA12	ITA12	ITA12	ITA12	ITA12	ITA12	ITA12	ITA12	ITA12	ITA12
LANE 7	SVK4-ARG2	SVK4-ARG2	SVK4-ARG2	EGY1-NOR6	EGY1-NOR6	EGY1-NOR6	NPA27	NPA27	NPA27	AZE5	AZE5	AZE5	FREE	LAT1	LAT1	EGY1-LAT1-UGA2	EGY1-UGA2	EGY1-UGA2	UKR10	UKR10	UKR10	LTU5	LTU5	LTU5		
LANE 8	WPS CLASSIFICATION																									

ITA * (30) = only world series swimmer / solo atleti iscritti alla World Series
 Atleti italiani non iscritti alla World Series possono usare gli spazi "Free"

VASCA 25 METRI / 25M TRAINING POOL

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	7.30-8.00	8.00-8.30	8.30-9.00	9.00-9.30	9.30-10.00	10.00-10.30	10.30-11.00	11.00-11.30	11.30-12.00	12.00-12.30	12.30-13.00	13.00-13.30	13.30-14.00	14.00-14.30	14.30-15.00	15.00-15.30	15.30-16.00	16.00-16.30	16.30-17.00	17.00-17.30	17.30-18.00	18.00-18.30	18.30-19.00	19.00-19.30	19.30-20.00	
LANE 1	ITA CLASSIFICATION																									
LANE 2	UKR10	UKR10	UKR10	THA11	THA11	THA11	FREE	FREE	FREE	FREE	FREE	FREE	FREE	ARG2	ARG2	ARG2	HKG8 - POR2	HKG8 - POR2	HKG8 - POR2	CYP1	CYP1	CYP1	FREE	FREE	FREE	
LANE 3	UKR10	UKR10	UKR10	THA11	THA11	THA11	FREE	FREE	FREE	FREE	FREE	FREE	FREE	FREE	FREE	FREE	NPA27	NPA27	NPA27	ITA12	ITA12	ITA12	ITA12	ITA12	ITA12	
LANE 4	LAT1-FRA7	LAT1-FRA7	LAT1-FRA7	FREE	FREE	FREE	FREE	FREE	FREE	FREE	FREE	FREE	FREE	FREE	FREE	FREE	NPA27	NPA27	NPA27	ITA12	ITA12	ITA12	ITA12	ITA12	ITA12	
LANE 5	ITA12	ITA12	ITA12	ITA12	ITA12	ITA12	ITA12	ITA12	ITA12	ITA12	ITA12	ITA12	ITA12	ITA12	ITA12	ITA12	NPA27	NPA27	NPA27	TUR10	TUR10	TUR10	GRE6-MLT2	GRE6-MLT2	GRE6-MLT2	
LANE 6	ITA12	ITA12	ITA12	ITA12	ITA12	ITA12	ITA12	ITA12	ITA12	ITA12	ITA12	ITA12	ITA12	ITA12	ITA12	ITA12	AZE5	AZE5	AZE5	ISR7	ISR7	ISR7	ESP4	ESP4	ESP4	

sport information desk - LOC (in pool, ground floor, access from the windows in the garden)

TIME 9-12 and 16-19

GYM - FOR FREE

to book the gym (floor -1 in the pool) contact the pool counter between 9-12 am and 16.30-19.30